

# Welcome to First Lutheran Church

309 Second Street North, PO Box 21, Pine River, MN 56474

Church Office: 587-2316

[www.1stluth.org](http://www.1stluth.org)

Pastor Hans Anderson

5<sup>th</sup> Sunday After Epiphany

February 4, 2024

**Prelude**

**Welcome and Announcements**

*(Please pass the attendance pad along the pew. If you are a visitor, please include your mailing address.)*

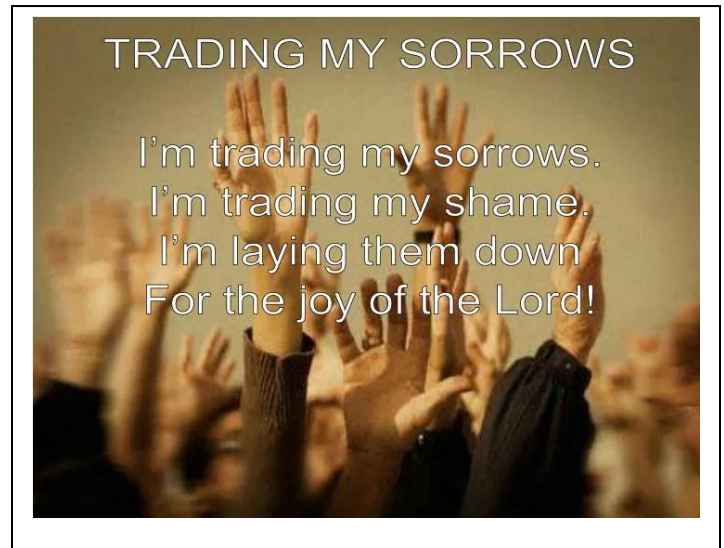
**Sunday School Children Sing**

**Opening Hymn: "Trading My Sorrows"**

I'm trading my sorrows  
I'm trading my shame  
I'm laying them down  
For the joy of the Lord  
I'm trading my sickness  
I'm trading my pain  
I'm laying them down  
For the joy of the Lord

Yes Lord yes Lord yes yes Lord  
Yes Lord yes Lord yes yes Lord  
Yes Lord yes Lord yes yes Lord amen

I am pressed but not crushed  
Persecuted not abandoned  
Struck down but not destroyed  
I am blessed beyond the curse  
For His promise will endure  
That His joy's gonna be my strength  
Though the sorrow may last for the night  
His joy comes with the morning



### **\*Confession and Forgiveness**

*The assembly stands. All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.*

Pastor: Blessed be the holy Trinity, † one God,  
creator of darkness and light,  
word of truth,  
wind sweeping over the waters.

People: **Amen.**

Pastor: God our rock and refuge,

People: **we pour out our hearts before you.  
We have known you but have not always loved you.  
We have wounded one another  
and sinned against you.  
We have not always recognized the Holy Spirit  
dwelling in each of us.  
Remember your covenant.  
Renew your creation.  
Restore us,  
that we might proclaim your good news to all.  
Amen.**

*The presiding minister announces God's forgiveness with these words:*

Pastor: The voice of the Lord is upon the waters.  
God has spoken:  
The time of grace is now.  
In Jesus, the reign of God has come near.  
By the authority of † Jesus Christ,  
your sins are forgiven.  
You are God's beloved.

People: **Amen.**

### **\*Prayer of the Day:**

Pastor: Let us pray

People: **Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.  
Amen.**



## First Reading: Isaiah 40:21-31

<sup>21</sup> Have you not known? Have you not heard?  
Has it not been told you from the beginning?  
Have you not understood from the foundations of the earth?

<sup>22</sup> It is he who sits above the circle of the earth,  
and its inhabitants are like grasshoppers,  
who stretches out the heavens like a curtain  
and spreads them like a tent to live in,

<sup>23</sup> who brings princes to naught  
and makes the rulers of the earth as nothing.

<sup>24</sup> Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,  
when he blows upon them, and they wither,  
and the tempest carries them off like stubble.

<sup>25</sup> To whom, then, will you compare me,  
or who is my equal? says the Holy One.

<sup>26</sup> Lift up your eyes on high and see:  
Who created these?

He who brings out their host and numbers them,  
calling them all by name;  
because he is great in strength,  
mighty in power,  
not one is missing.

<sup>27</sup> Why do you say, O Jacob,  
and assert, O Israel,  
“My way is hidden from the LORD,  
and my right is disregarded by my God”?

<sup>28</sup> Have you not known? Have you not heard?  
The LORD is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.

<sup>29</sup> He gives power to the faint  
and strengthens the powerless.

<sup>30</sup> Even youths will faint and be weary,  
and the young will fall exhausted,

<sup>31</sup> but those who wait for the LORD shall renew their strength;  
they shall mount up with wings like eagles;  
they shall run and not be weary;  
they shall walk and not faint.



Psalm 147: 1-11, 20c

<sup>1</sup> Praise the LORD!

How good it is to sing praises to our God,  
for he is gracious, and a song of praise is fitting.

<sup>2</sup> **The LORD builds up Jerusalem;  
he gathers the outcasts of Israel.**

<sup>3</sup> He heals the brokenhearted  
and binds up their wounds.

<sup>4</sup> **He determines the number of the stars;  
he gives to all of them their names.**

<sup>5</sup> Great is our Lord and abundant in power;  
his understanding is beyond measure.

<sup>6</sup> **The LORD lifts up the downtrodden;  
he casts the wicked to the ground.**

<sup>7</sup> Sing to the LORD with thanksgiving;  
make melody to our God on the lyre.

<sup>8</sup> **He covers the heavens with clouds,  
prepares rain for the earth,  
makes grass grow on the hills.**

<sup>9</sup> He gives to the animals their food  
and to the young ravens when they cry.

<sup>10</sup> **His delight is not in the strength of the horse  
nor his pleasure in the speed of a runner,**

<sup>11</sup> but the LORD takes pleasure in those who fear  
him, in those who hope in his steadfast love.

<sup>20c</sup> **Praise the LORD!**

### **Second Reading:** 1 Corinthians 9:16-23

<sup>16</sup> If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! <sup>17</sup> For if I do this of my own will, I have a wage, but if not of my own will, I am entrusted with a commission. <sup>18</sup> What then is my wage? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

<sup>19</sup> For though I am free with respect to all, I have made myself a slave to all, so that I might gain all the more. <sup>20</sup> To the Jews I became as a Jew, in order to gain Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might gain those under the law. <sup>21</sup> To those outside the law I became as one outside the law (though I am not outside God's law but am within Christ's law) so that I might gain those outside the law. <sup>22</sup> To the weak I became weak, so that I might gain the weak. I have become all things to all people, that I might by all means save some. <sup>23</sup> I do it all for the sake of the gospel, so that I might become a partner in it.

To the weak I became weak, to win  
the weak. I have become all things  
to all people so that by all possible  
means I might save some.

1 CORINTHIANS 9:22

## \*Gospel Announcement

Pastor: The Holy Gospel according to Mark.

People: **Glory to you, O Lord.**

\*Gospel: Mark 1:29-39

<sup>29</sup> As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup> He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup> That evening, at sunset, they brought to him all who were sick or possessed by demons. <sup>33</sup> And the whole city was gathered around the door. <sup>34</sup> And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

<sup>35</sup> In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup> And Simon and his companions hunted for him. <sup>37</sup> When they found him, they said to him, "Everyone is searching for you." <sup>38</sup> He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do." <sup>39</sup> And he went throughout all Galilee, proclaiming the message in their synagogues and casting out demons.

Pastor: The Gospel of the Lord.

People: **Thanks be to God.**

*The assembly is seated.*

## Children's Message

Sermon- "Healed!"

Pastor Hans Anderson

Song of the Day: "Lord, Reign in Me"

### Verse 1

Over all the earth You reign on high  
Every mountain stream every sunset sky  
But my one request Lord my only aim  
Is that You'd reign in me again

### Chorus

Lord reign in me reign in Your pow'r  
Over all my dreams in my darkest hour  
You are the Lord of all I am  
So won't You reign in me again

### Verse 2

Over every thought over every word  
May my life reflect the beauty of my Lord  
'Cause You mean more to me  
Than any earthly thing  
So won't You reign in me again



**\*Statement of Faith – The Apostles’ Creed**

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit and born of the virgin Mary.**

**He suffered under Pontius Pilate, was crucified, died, and was buried.**

**He descended into hell. On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting.**

**Amen.**

**\*Prayers of Intercession:**

Pastor: As we celebrate Christ embodied in human form, we pray for God’s blessing on the church, the world, and all of creation.

*A brief silence.*

Pastor: Everlasting God, you bring your healing power to the church. Give your church a spirit of unity and prayer, that we discern your way for us in the world. God of grace,

**People: receive our prayer.**

Pastor: Creator of the ends of the earth, you make the grass grow and send rain for the soil. Bring your creation into harmony and balance. Give animals their food and provide healthy shelter for your people. Inspire us to honor the miraculous beauty of all you have made. God of grace,

**People: receive our prayer.**

Pastor: God without equal, your steadfast love endures forever. Bring the leaders, elected officials, and peacekeepers of our towns and countries into understanding and unity. Guide them to serve with compassion and understanding. God of grace,

**People: receive our prayer.**

Pastor: God who strengthens, you lift up with your hand any who are suffering. Heal those who are brokenhearted and strengthen the weak and all in need . God of grace,

**People: receive our prayer.**

Pastor: God who gives power to the faint, challenge us to share the faith stories of what God has done in our lives. Open us to receive the unique ways God is at work in your people, especially those whose perspectives challenge our own. God of grace,

**People: receive our prayer.**

Pastor: Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ.

**People: Amen.**

**Offering**

**\*Offertory Prayer**

**People: Blessed are you, Holy One,  
for all good things come from you.**

**In bread and cup you open heaven to us.**

**Meet us at this table,**

**that we receive what we seek**

**and follow your Son, Jesus,**

**in whose name we pray.**

**Amen.**

**\*Words of Institution**

**\*Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses,  
as we forgive those who trespass against us;  
Lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory forever and ever.  
Amen.**

**† Communion †**

*All who believe in the death and resurrection as given in this bread and wine are welcome to the table today.  
Please follow usher's guidance to come forward to receive communion and then return to your seat.  
Gluten free wafers are available from the communion server upon request.  
You are welcome to this Table of our Lord.*

**Holy Communion Distribution**

**\*Post Communion Blessing**

**Pastor:** May the Body and Blood of our Lord Jesus Christ strengthen you and keep you in His grace.  
**People:** Amen.

**\*Post Communion Prayer**

**People:** Giver of every gift,  
Christ's body is our food, and we are Christ's body.  
Raise us to life by your power  
for the benefit of all and to your glory,  
now and forever.  
Amen.

**\*Blessing:**

**Pastor:** God who names you,  
Christ who claims you,  
and the Holy Spirit who dwells in you,  
† bless you and remain with you always.

**People:** Amen.



**\*Sending Hymn: I Believe, I do Believe“**

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

I believe, I do believe, truly I believe it, truly I believe it truly I believe it

I believe in God, the Almighty Lord Creator, Mighty Lord Creator, Mighty Lord Creator Mighty Lord Creator

I believe in God, the Almighty Lord Creator, Mighty Lord Creator, Mighty Lord Creator Mighty Lord Creator

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

I believe in Jesus the Savior of the people, savior of the people, savior of the people, savior of the people

I believe in Jesus the Savior of the people, savior of the people, savior of the people, savior of the people

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

And I do believe in the power of the Spirit, the power of the Spirit, the power of the Spirit, the power of the Spirit

And I do believe in the power of the Spirit, the power of the Spirit, the power of the Spirit, the power of the Spirit

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

I believe, I do believe, truly I believe it, truly I believe it, truly I believe it,

**Believe**

**(be.lieve) verb;**

- 1. Accept (something) as true;  
feel sure of the truth**
- 2. To have faith, confidence  
and trust**



\*Dismissal:

Pastor: Go in peace. You are God's beloved.

**People: Thanks be to God.**

Postlude

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<b>Reader:</b>	Val Johnson
<b>Communion Assistant:</b>	
<b>Zoom:</b>	Tyler Hoplin
<b>Sound:</b>	Chuck Brasel
<b>Ushers:</b>	Paul Pearson & Matt Shamp
<b>Altar Guild:</b>	Jan Brasel & Leigh Metcalf
<b>Counter:</b>	Holly Knutson

Next Sunday's Readings: Isaiah 40:21-31, Psalm 147:1-11, 20c, 1 Corinthians 9:16-23, Mark 1:29-39

## The Week Ahead

### Sunday, February 4, 2024

*5<sup>th</sup> Sunday after Epiphany*

Worship Service ( <i>in-person &amp; Zoom</i> )	9:00 AM
Coffee & Fellowship,	10:00 AM
Sunday School	10:15 AM

### Friday, February 9, 2024

**Church Office Closed**

### Sunday, February 11, 2024

*Transfiguration of Our Lord*

Worship Service ( <i>in-person &amp; Zoom</i> )	9:00 AM
Coffee & Fellowship,	10:00 AM
Sunday School	10:15 AM

*If you are not able to attend the Worship Service in person, you will still be able to listen to the sermon or watch video of the service online at the First Lutheran website.*

*Links will be on First Lutheran's website and on our Facebook page by Monday morning.*

## Announcements

**Sunday Services** at First Lutheran continue to be in-person and via Zoom. To join us via Zoom, go to [www.zoom.us](http://www.zoom.us) and select the blue “Join a Meeting” link at the top center of your screen. (You won’t need to create an account.) Type in the appropriate Meeting ID number and click the blue “Join” button.

Sunday worship, 9:00 a.m. – Meeting ID is 823 6162 1569 Passcode is 367288.

**Bulletins** can be sponsored for \$25.00 per week. The sign-up sheet is on the *Called to Serve* bulletin board in the Narthex.

Last Week’s **NOISY OFFERING** will be giving \$109.63 to the Freedom Ranch in Brainerd

**Thank you** to Leigh Metcalf for making communion bread. It is greatly appreciated!

### New Orleans style Beignets

### Support our Senior High Youth!



your craving... Buy a Beignet. Beignets are a doughnut like pastry that accompany a cup of coffee wonderfully! Dates to dine delightfully... **February 18<sup>th</sup> & 25<sup>th</sup>.**  
**March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup>.**

First Lutheran has 8 senior high youth and 2 adults attending the National Youth Gathering this Summer. 30 to 40 thousand youth from all over the country will be coming together to gather, worship and serve in New Orleans...a.k.a “NOLA or the Big Easy.” On Sunday mornings in Lent, the Senior High youth will be serving these delicious pastries for a free-will fundraiser. Please support the youth and support



# Prayers of Healing, Care and Joy

Those with medical concerns...

Caleb Prushek, great nephew of Jane Orth

Cleone Hoplin

Barb Richards

Lars Larson

Clifford, great grandson of Leonard and Jan Nelson

Bonnie Bandy, sister of Shirley Schmidt

Andy Anderson

Denny Aleckson

Harvey and Marion Kelley



Those in the service...

MSgt Bradford, son of Bill & Kaye Schroeder

Captain A.J. Depman, nephew of Bill & Kaye Schroeder

## ATTENDANCE & OFFERING

Sunday, Jan. 28, 2024

Attendance: 79

### Offering:

Jan. 28, 2024	\$1,727.00	Weekly Budget:	\$3,132.40
Direct Deposit:	\$ 75.00		
Total Offering:	\$1,802.00		

Year-to-Date (Fiscal year starts September 1)

Giving:	\$62,550.80	Expenses:	\$49,745.30
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Income less Expenses for January:

\$12,879.67 - \$10,968.45 = \$1,911.22

If you would like a visit from pastor or have a pastoral care need, please contact Pastor Hans Anderson at 218-820-2969 or email him at [pastorhanspineriver@gmail.com](mailto:pastorhanspineriver@gmail.com)

# The Chosen

**Lenten Challenge:** For anyone who has not joined us for the Chosen Videos this past Fall, the Lenten Challenge will be to watch them at home. For people who have seen the videos, please read the corresponding scripture and/or rewatch episodes:

<https://www.angel.com/the-chosen>

We will start the videos again as a group on April 3, 2024.

“You are Chosen.” The sermon series will be based on the first 6 “chosen” episodes. The format for Wednesday Evenings will be 5:30 soup & 6:30 worship. Holden Evening Prayer will be sung on Wednesdays this Lent.

## Wednesday Lent Schedule

February 14 <sup>th</sup>	no Soup Supper	“You are Chosen”
February 21 <sup>st</sup>	Soup Supper	“I Have Called You by Name”
February 28 <sup>th</sup>	Soup Supper	“Shabbat”
March 6 <sup>th</sup>	Soup Supper	“Jesus Loves the Little Children”
March 13 <sup>th</sup>	Soup Supper	“The Rock on Which It is Built”
March 20 <sup>th</sup>	Soup Supper	“The Wedding Gift”
March 27 <sup>th</sup>	Soup Supper	“Indescribable Compassion”

